

## **Becket-Chimney Corners YMCA**

### **Travel and Service Programs – Health Memo**

#### **ICEP Chile 1**

##### **About the Program**

Our partner in Chile is the YMCA in Valparaiso. Participants will fly into Santiago and be shuttled by bus out to Valparaiso, where the majority of this program takes place. Participants will have homestays and work on community service projects in the hillsides of Valparaiso at daycare facilities and/or local schools and YMCAs. Service projects in the past have included painting projects and volunteering with the Y's Teen Leaders. Educational travel will take place in Santiago, Vina del Mar, and Valparaiso. June, July and August are winter months in Chile and the weather tends to be cold, averaging around 50-60 degrees during the day and dropping into the 40s at night. While there is no snow in the metro areas the group visits, participants should be prepared to come to Chile with plenty of warm layers.

##### **For Physicians:**

The following information is to aid you in choosing appropriate care for your patient.

This individual will be traveling in Chile from July 2<sup>nd</sup> to August 1<sup>st</sup>, 2024. Based on previous years' itineraries, the program will likely include:

- 22-27 nights in Valparaiso (city) with day trips to Vina del Mar, Los Andes, Santiago and various other rural and city locations.
- 3-5 nights stay in Campaña National Park (rural)
- Individuals and their families have been directed to information from the CDC and World Health Organization concerning health risks associated with this destination.
- All participants will self-administer their own medications while traveling.
- Program activities will include but are not limited to hiking, manual service projects, work with children, homestays, and camping.
- Aspects of this program can be emotionally / mentally challenging, such as homestay experiences in a foreign country.